

COVI-19 Spring Break Message 3-12-2020

GV Residential Student,

Grand View University is continuously monitoring the COVID-19 situation in consultation with the Iowa Department of Public Health, who will provide guidance in determining necessary action. As ongoing information is collected and safety of all students at the forefront, a course of action could change at any given moment.

As of March 10, the U.S. Centers for Disease Control (CDC) has identified five countries that are a high risk for the spread of Coronavirus: China, Iran, Italy, Japan and South Korea. If you have visited one of these locations, or have recently interacted with someone who has, please notify Residence Life immediately to make arrangements and return to campus safely.

Call your healthcare professional if you feel sick with fever, cough, or have difficulty breathing AND have been in close contact with a person known to have COVID-19, or if you live in or recently traveled to an area with reported cases of COVID-19. You can also call GV Health Services at 263-2823 on Tuesday and Thursday (7:30 a.m. - 4:00 p.m.). Your healthcare professional will then determine whether COVID-19 testing is necessary.

With classes moving to an online format until Friday, April 3, we would **highly recommend** students to return home until that time to lower your risk of health concerns. If you are returning home or traveling anywhere over Spring Break please fill out this short survey to help us to best serve the Grand View community: <https://forms.gle/9VYG1QfBgeqJFn9h7>

For those who choose to remain in the residence halls, Grand View strongly encourages practicing social distancing and remaining in your room as much as possible, limiting face-to-face interactions.

If you think you have been exposed to COVID-19 on your spring break trip, please contact Adam Demers, Director of Residence Life, at ademers@grandview.edu or call 263-2886, to discuss housing options upon your return to campus. You should also call your personal health care provider to seek advice. Since there are a limited number of COVID-19 testing kits, local medical professional will advise you whether or not to come in to get tested.

As a Grand View community, there are some basic measures we all can do to prevent the spread of viruses:

- If you are sick, notify a healthcare provider or GV Health Services by phone or email, AND stay in your room until directed otherwise.
- Cover your mouth with your upper arm or a tissue when coughing or sneezing
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Clean and disinfect frequently touched objects and surfaces.

Please contact Residence Life by email, ademers@grandview.edu Adam Demers, or by phone at 515-263-2885.